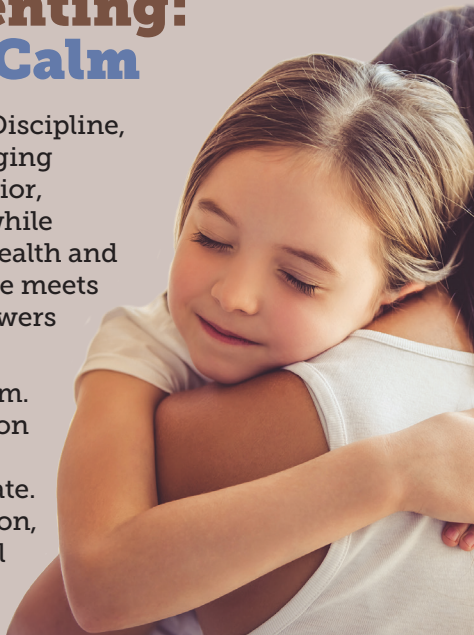


Conscious Parenting: From Chaos to Calm

Join us to learn about Conscious Discipline, where parents will learn life-changing skills that decrease problem behavior, power struggles and aggression, while increasing resilience, emotional health and achievement. Conscious Discipline meets families where they are and empowers them to experience success.

All sessions will take place via Zoom. Space is limited and pre-registration is required to receive the online workshop information to participate. To register and for more information, email onestop@ccoarks.org or call 887-3545, ext 303.



Consequences: Helping Children Learn from Their Mistakes

- Tuesday, October 13, 6–7:30 p.m.
- Saturday, November 7, 10–11:30 a.m.

Introduction to Conscious Parenting Wednesday, November 18, 6–7:30 p.m

Funded by Community
Foundation of the Ozarks



Presented in partnership by the Springfield-Greene County Library District, The One Stop for Early Childhood, Community Partnership of the Ozarks, Messiah Lighthouse Child and Family Development Center, OTC Early Childhood Center and Connecting Grounds.